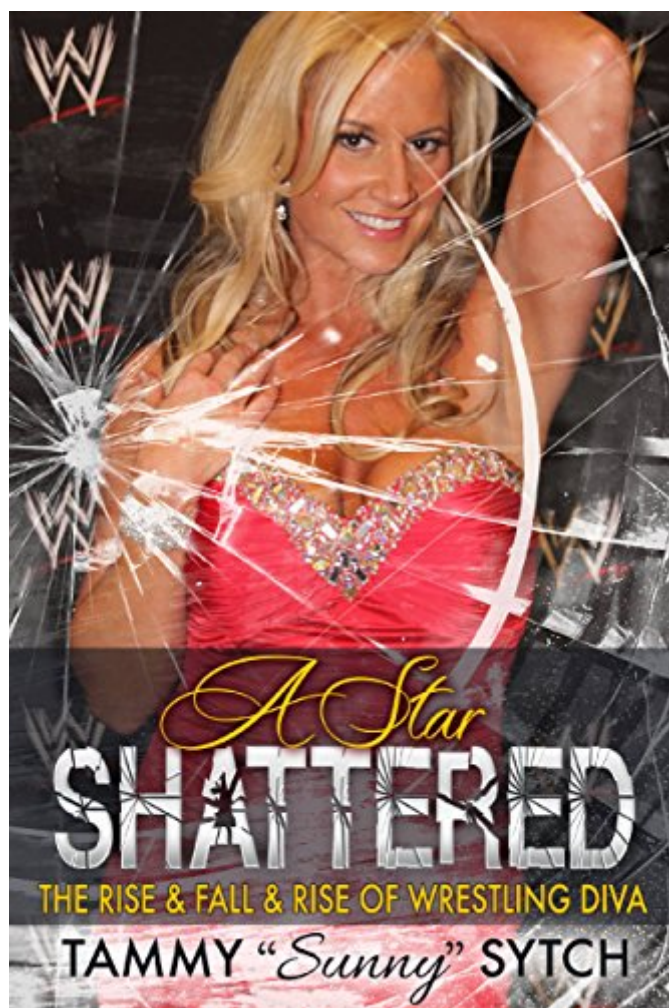


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# A Star Shattered: The Rise & Fall & Rise Of Wrestling Diva



## Synopsis

World famous wrestling diva Tammy Lynn Sytch has written a tell-all autobiography that follows her into the ring and on the road, through her romantic relationships, domestic abuse, her battle with cancer, incarceration, getting sober and the release of her adult film with Vivid Entertainment.

## Book Information

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## Customer Reviews

I really thought I would totally dislike this book. I've considered Tammy Lynn to be the Lindsey Lohan, Tom Arnold, or any Kardashian of wrestling, never being a big fan of her or her antics. I have to admit my opinion changed somewhat. I wasn't thrilled with the first couple chapters as she described herself as the best thing to happen to pro wrestling. The wholesome, naive girl she portrayed herself I pretty much ignored as I've only come to know her as the sort of wrestler, manager and troubled person seeking the spotlight. I did eventually relax my opinion not really

knowing of her pre wrestling life, family and medical ambitions. I was well aware of her and Chris Candido. Then the book became more of a therapeutic outlet. The good times, but horrible ways promoters and some wrestlers treated her. I remember well the tragedy of Chris Candido's untimely and needless death. I knew Tammy had several alcohol related arrests but WOW, no idea her drinking was that out of hand. Then her luck in love contributed to heartbreak, tragedy, further alcohol abuse which still unfortunately plagues her to the present as recent as February, 2017. I really appreciate her candor as she writes as if she's telling her story directly to you. It's easy to blame her for her bad decisions and craving fame as I did coming into this book based on my own opinion of her. Yes she should and could've been more responsible and she does admit that But as she pointed out with so much trust and manipulation you have to walk in her shoes to fully understand. The reason I gave it four stars was for foul language and some confusion in the timeline. I truly hope Tammy Lynn does find peace, her dreams and most of all the true love she is so desperate to find.

Like many fans who watched the WWF in the mid-90's, Sunny was one of the few highlights during that terrible time before the Attitude Era. Sunny's undeniable sex appeal and charisma made her appearances memorable, even when the WWF had her slumming by managing teams like the Smoking Gunns and the Godwinns. While Sunny wasn't the first gorgeous lady in wrestling, she was arguably the first WWF Diva. Now, Tamara Sytch tells her story, chronicling her tumultuous rise and fall in the 2016 book, *A Star Shattered: The Rise & Fall & Rise of Wrestling Diva (A Star Shattered)*. Like any autobiography, Sytch doesn't seem to come clean on everything, but she provides some deep looks at the many troubled times in her career. In 1996, Tammy Lynn Sytch was at the top of her career, working in the WWF as the super-hot vixen, Sunny. That year, Sytch was the most downloaded woman on America Online, Pro Wrestling Illustrated's Manager of the Year, she sold a record-breaking number of issues of RAW Magazine thanks to her appearance in a bikini, and she was a popular on-screen character. The only thing Sytch didn't do was wrestle matches. However, by 1998, Sytch would be gone from the WWF as her life spiraled out of control. *A Star Shattered* details Sytch's entry into the world of wrestling. By no means modest, she talks of how her good looks, charisma, and (implied) ability to work people helped her rise to the top. Sytch broke into wrestling when she accompanied her boyfriend Chris Candido during his early years as a wrestler. Sytch took photographs of the matches and occasionally accompanied Candido to the ring (even though she was unpaid). However, after a run

in Memphis, Jim Cornette invited her to work for his Smokey Mountain Wrestling Promotion. When the WWF saw her, Sytch was invited for a try-out and she quickly became the biggest female star in the WWF since Miss Elizabeth (although their characters were much different). Sytch discusses her time in the WWF, discussing the different jobs she worked, her affair with Shawn Michaels, and the challenges of working in a male-dominated industry. There are a few road stories but what's interesting is how successful her run in the WWF was until the arrival of Marc Mero's wife, Sable. From there, the two women clashed, quickly becoming more than rivals, but bitter enemies. Sytch gives her account of why she left the WWF for ECW. It's different than what you may have heard so readers will find it interesting to read it and compare it to what they have read elsewhere. By the time Sytch left the WWF, her career was going downhill. A trip to WCW was uneventful and Sytch blames Kimberly Page for her problems there. Sytch seems to blame everyone but herself for her problems so it's difficult to believe everything she writes. Her rationalization of her affair with Shawn Michaels is weak as she cheated on boyfriend Chris Candido in one of the worst-kept secrets in wrestling. Candido's refusal to face the truth or confront Sytch soon led to many in the WWF writing him off. However, Sytch ended up staying with Candido until his untimely death in 2005. It's obvious Sytch knows how to play the publicity game (and people as well). Whether she's pulling a publicity stunt such as selling her WWE Hall of Fame ring, or commenting on her sex partners in interviews Sytch knows how to stay in the spotlight. Now if she can only use this to stay out of jail, she might have life left in her career.

It was okay, but the grammatical errors and lack of a correct timeline really hurt this book badly. It could have been much better. But, I will say this, at least she is honest and I commend her for that!

Book was interesting, very fast read. My complaints are : no photos, glossed over a breakup with no explanation at all. I feel like she made herself into a victim, poor me. I think she left stuff out but all in all a good read. Sad how she was pre med and dumped it to follow a boyfriend's dream. Now doing porn. Sad.

An interesting read. I'm sure there is a story in here but this book needed a solid editor to help Sunny tell her story. Plenty of sex and partying, some digs and jabs peppered throughout. 2 stars because it is a quick and interesting read but held back by weak editing. Worth the money? I think so.

I really liked this book. It shows just how hard it can be to be famous and have everything to losing it all. I am glad I read it really puts life in perspective. She had it all lost it all and managed to bounce back. I was hoping for pictures to put a lot into what was going on but none that's ok read the book you will like it.

I haven't read a book cover to cover in years. I picked up my wife's Kindle and started browsing wwe books. I found this one and thought I'd give it a shot, especially since I just listened to Bruce Pritchards podcast talk about it. I have to admit I couldn't stop reading it and finished it in 2 days. I'm 45 so I remember or have at least heard all the rumors and innuendo that's covered here. I literally could read another 50 chapters. This book was very easy and entertaining to read and that's coming from someone that rarely enjoys reading.

When I read a wrestling autobiography I want to hear about a little about their childhood, a little more about coming up the ranks, and a lot of behind the scenes "dirt" in the big promotions. (WWE,WCW,ECW). This book has it all. Even really "dirty" at times. It's not the best but it's definitely worth reading if you watched her career. The only downside to me was, she thinks VERY highly of herself. You wonder at times if some things were even true. Give it a shot.

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